

困局
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A bend in the road

是 is not the end of the road

定局

向晴熱線
18288

向晴熱線 18288

24小時由專業社工接聽
The 24-hour Family Crisis Line,
operated by professional
social workers.

辦公室電話
Office Line 3161 2930

<http://fcsc.caritas.org.hk>

網址 Website



Facebook



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編制日期及數量
3-2015/2,500



明愛向晴軒
危機專線及教育中心
Caritas Family Crisis Line & Education Centre

向晴熱線

Family Crisis Line

The Family Crisis Line is subvented by Social Welfare Department and sponsored by Li Ka Shing Foundation.

18288

宗旨 Mission

本服務為正面對個人或家庭危機而受情緒困擾的人士，提供24小時的危機熱線服務。熱線服務由專業社工負責提供即時的輔導、情緒支援及轉介服務。
The 24-hour Family Crisis Line, operated by professional social workers, provides immediate crisis counseling, emotional support and referrals for people facing family crisis and emotional distress.

服務對象 Service Targets

正面對個人或家庭危機而導致情緒困擾的人士。
People facing personal, interpersonal and family crisis resulted in emotional distress.

服務範疇 Scopes of Service

24小時電話輔導、轉介服務、社區教育活動及由義工為有需要的人士提供朋輩暖線輔導。
24-hour hotline service, referral service, community education program and peer warm line counseling which is provided by trained volunteers.

「債務及理財」輔導服務

Debt Counseling and Financial Capability Service

3161 2929

宗旨 Mission

債務及理財輔導服務是協助個人或家庭以正面及負責任的方法來面對債務危機，提供一站式的輔導服務，及教導市民學習謹慎理財以避免陷入債網。
The service aims at helping the individuals and families to handle the financial crisis positively and responsibly. It also aims at educating the public to learn the proper financial management.

服務對象 Service Targets

受債務困擾人士/家屬、社區人士及專業人士。
Debtors and their family members, the public and other professionals.

服務範疇 Scopes of Service

專線輔導、跨專業會見計劃、小額債務重組轉介計劃、治療小組、社區教育講座及專業培訓。
Hotline service, free individual multi-disciplinary consultation service, referral for small loan restructure, therapeutic and supportive group, community education program and professional training.

「小耳朵」兒童輔導服務

Children Counseling Service

3161 0000

宗旨 Mission

本服務為6至12歲正面對家庭轉變及危機，包括父母離異、與父母相處、家庭溝通、家人離世、交友、學業問題等的兒童提供一系列的輔導服務。
The service aims at helping children aged 6 to 12 to cope positively with family crisis and other problems regarding social relationship and studies.

服務對象 Service Targets

6-12歲學童、家長及學校老師。
Students aged 6-12, their family members and teaching professionals.

服務範疇 Scopes of Service

專線輔導及24小時資訊專線、互動網頁、入學教育工作、遊戲治療小組及個案輔導。
Hotline service, 24-hour information hotline service, interactive website, educational school program, therapeutic group and casework with play therapy intervention.

「飛越愛情」輔導服務

Love Infinity Counseling Service

3161 1222

宗旨 Mission

協助不同年齡的人士以正面及負責任的方法來處理愛情危機或創傷，並提倡正確婚戀觀及生命價值觀。
The service aims at assisting people to cope positively and responsibly when facing adversity and traumatic loss. It also aims at promoting positive values of love and marriage.

服務對象 Service Targets

面對分手創傷或受戀愛問題困擾的人士/學生及社區人士。
People who are under distress due to the break-up or love-related crisis, students and the public.

服務範疇 Scopes of Service

專線輔導、分手輔導治療小組、親密關係成長小組、入學教育工作及大型社區教育活動。
Hotline service, Loss and Found therapeutic group, intimate relationship developmental group, educational school program and community education program.

「婚外情」問題支援服務

Caritas Extra-Marital Affairs Counseling Service

3161 6666

宗旨 Mission

協助受婚外情問題影響的人士/家庭以正面方法來處理婚外情問題，以減低婚外情所帶來的震撼和傷害，不致令問題持續惡化，減少家庭悲劇發生。
The service aims at assisting people and family members to handle the extra-marital affairs (EMA) positively in order to alleviate the traumatic impacts caused by the EMA and prevent the problem from deteriorating into family tragedies.

服務對象 Service Targets

正面對婚外情問題或受婚外情問題困擾或影響的人士/家庭成員及社區人士。
Individuals or family members who are facing or distressed by EMA problems and the public.

服務範疇 Scopes of Service

專線輔導、免費電話法律諮詢服務、治療小組、過來人互助平台及社區教育活動。
Hotline service, free legal consultation, therapeutic group, Ex-users mutual help platform and community education program.

以下各專線的服務時間逢星期一至五，中午十二時至晚上十一時由專業社工提供電話輔導服務（公眾假期除外）

The following hotline are operated by professional social workers, from 12 noon to 11p.m., Monday to Friday (Except public holidays)

債務及理財輔導專線
Debt Counseling and
Financial Capability Hotline

3161 2929

婚外情問題專線
Extra-Marital Affairs Hotline

3161 6666

愛情專線
Love Hotline

3161 1222

小耳朵專線
Children Hotline

3161 0000